

## ***The Gathering***

### **HYMN**

Grace, mercy, and peace from God our Father and the Lord Jesus Christ be with you all.

**and also with you.**

Brothers and sisters in Christ: since early days Christians have observed with great devotion the time of our Lord's passion and resurrection and prepared for this by a season of penitence and fasting.

By a careful keeping of these days, Christians take to heart the call to repentance and the assurance of forgiveness proclaimed in the gospel, and so grow in faith and in devotion to our Lord.

I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy word.

***The Trisagion is said or sung***

**Holy God,  
holy and strong,  
holy and immortal,  
have mercy upon us.**

### **COLLECT**

Let us pray for grace to keep Lent faithfully:

Almighty and everlasting God  
you hate nothing that you have made  
and forgive the sins of all those who are penitent,  
create and make in us new and contrite hearts,  
that, lamenting our sins and acknowledging our wretchedness,  
we may receive from you, the God of all mercy,  
perfect forgiveness and peace:  
through Jesus Christ our Lord,  
who is alive and reigns with you and the Holy Spirit, one God,  
now and for ever.

**Amen.**

# **The Liturgy of the Word**

## **READINGS**

*Sit for either one or two readings after each we say*

This is the word of the Lord.

**Thanks be to God.**

*A canticle, psalm or anthem may follow the first reading.*

## **HYMN**

### **GOSPEL ACCLAMATION**

Praise to you, O Christ, King of eternal glory.

The Lord is a great God,

O that today you would listen to his voice.

Harden not your hearts.

**Praise to you, O Christ, King of eternal glory.**

### **GOSPEL READING**

*When the Gospel is announced the reader says:*

Hear the Gospel of our Lord Jesus Christ according to.....

**Glory to you, O Lord.**

*At the end:*

This is the Gospel of the Lord.

**Praise to you, O Christ.**

## **SERMON**

*Sit*

### **THE LITURGY OF PENITENCE**

*The President or Sub deacon says*

Let us now call to mind our sin and the infinite mercy of God.

*Kneel*

God the Father,  
**have mercy on us.**

God the Son,  
**have mercy on us.**

God the Holy Spirit,  
**have mercy on us.**

Trinity of love,  
**have mercy on us.**

**Most merciful God  
Father of our Lord Jesus Christ,  
we confess that we have sinned  
in thought, word and deed.**

We have not loved you with our whole heart  
and mind and strength.  
We have not loved our neighbours as ourselves.  
We have not forgiven others,  
as we have been forgiven.

**Lord have mercy.**

We have been deaf to your call to serve,  
as Christ has served us.  
We have not been true to the mind of Christ.  
We have grieved your Holy Spirit.

**Lord have mercy.**

We confess to you Lord –  
all our past unfaithfulness: the pride, hypocrisy  
and impatience of our lives.

**Lord have mercy.**

Our self indulgent appetites and ways,  
and our exploitation of other people.

**Lord have mercy.**

Our anger at our own frustration  
and our envy of those more fortunate than ourselves.

**Lord have mercy.**

Our intemperate love of worldly goods and comforts  
and our dishonesty in daily life and work.

**Lord have mercy.**

Our negligence in prayer and worship  
and our failure to commend the faith that is in us.

**Lord have mercy.**

Accept our repentance Lord-  
for the wrongs we have done,  
for our blindness to human need and suffering,  
and our indifference to injustice and cruelty.  
**Accept our repentance, Lord.**

For all false judgements,  
for uncharitable thoughts towards our neighbours  
and for our prejudice and contempt  
towards those who differ from us.  
**Accept our repentance, Lord.**

For our waste and pollution of your creation  
and our lack of concern for those who come after us.  
**Accept our repentance. Lord.**

Restore us, good Lord, and let your anger depart from us.  
**Favourably hear us, for your mercy is great.**

Accomplish in us the work of your salvation,  
**that we may show your glory in the world.**

By the cross and passion of your Son our Lord,  
**bring us with all your saints to the joy of resurrection.**

***Silence is kept***

**We have not loved you with our whole heart  
We have not loved our neighbours as ourselves.  
In your mercy  
forgive what we have been,  
help us to amend what we are,  
and direct what we shall be;  
that we may do justly,  
love mercy,  
and walk humbly with you, our God.  
Amen.**

## THE IMPOSITION OF ASHES

Dear friends in Christ,  
I invite you to receive these ashes  
as a sign of the spirit of penitence with which we shall keep  
this season of Lent..

### *The ashes are blessed*

God our Father,  
you create us from the dust of the earth:  
grant that these ashes may be for us  
a sign of our penitence  
and a symbol of our mortality;  
for it is by your grace alone  
that we receive eternal life  
in Jesus Christ our Saviour.

**Amen.**

*Those who wish to receive the imposition of ashes come forward. An anthem may be sung or music played. At the imposition, these, or other suitable words are used.*

Remember that you are dust, and to dust you shall return.  
Turn away from sin and be faithful to Christ.

*When those who wish have received the imposition of ash, the president says the following prayer.*

The Lord enrich you with his grace,  
and nourish you with his blessing;  
the Lord defend you in trouble  
and keep you from all evil;  
the Lord accept your prayers,  
and absolve you from your offences,  
for the sake of Jesus Christ, our Saviour.

**Amen.**

## *The Liturgy of the Sacrament*

### THE PEACE

#### *Stand*

*The President introduces the peace with these or other suitable words*

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, who has given us access to his grace. *Romans 5.1*

The peace of the Lord be always with you.  
**and also with you.**

Let us offer one another a sign of peace.

### PREPARATION OF THE TABLE

### TAKING OF THE BREAD AND WINE

### HYMN

*The gifts of the people are gathered and presented.*

*The table is prepared and bread and wine placed upon it.*

Merciful Father,  
turn us from sin to faithfulness  
and from disobedience to love,  
and prepare us to celebrate  
the death and resurrection of Christ our Saviour  
who is alive and reigns, now and for ever.  
**Amen.**

Blessed are you, Lord God of all creation:  
through your goodness  
we have this bread to set before you,  
which earth has given and human hands have made.  
It will become for us the bread of life.  
**Blessed be God for ever.**

Blessed are you, Lord God of all creation:  
through your goodness  
we have this wine to set before you,  
fruit of the vine and work of human hands.  
It will become for us the cup of salvation.  
**Blessed be God for ever.**

## **EUCCHARISTIC PRAYER [E]**

The Lord be with you  
**and also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

It is indeed right and good  
to give you thanks and praise,  
almighty God and everlasting Father,  
through Jesus Christ your Son.  
For in these forty days  
you lead us into the desert of repentance  
that through a pilgrimage of prayer and discipline  
we may grow in grace  
and learn to be your people once again.  
Through fasting, prayer and acts of service  
you bring us back to your generous heart.  
Through study of your holy word  
you open our eyes to your presence in the world  
and free our hands to welcome others  
into the radiant splendour of your love.  
As we prepare to celebrate the Easter feast  
with joyful hearts and minds  
we bless you for your mercy  
and join with saints and angels  
for ever praising you and *saying:*

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

*Kneel or sit*

We praise and bless you, loving Father,  
through Jesus Christ, our Lord;  
and as we obey his command,  
send your Holy Spirit,  
that broken bread and wine outpoured  
may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends  
and, taking bread, he praised you.  
He broke the bread, gave it to them and said:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

When supper was ended he took the cup of wine.  
Again he praised you, gave it to them and said:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,  
in him we plead with confidence his sacrifice made once for all  
upon the cross.

Bringing before you the bread of life and cup of salvation,  
we proclaim his death and resurrection  
until he comes in glory.

***The President or Sub deacon says***

Jesus Christ is Lord  
**Lord, by your cross and  
resurrection you have set us free.  
You are the Saviour of the world.**

Lord of all life,  
help us to work together for that day  
when your kingdom comes  
and justice and mercy will be seen in all the earth.

Look with favour on your people,  
gather us in your loving arms  
and bring us with all the saints



to feast at your table in heaven.  
Through Christ, and with Christ, and in Christ,  
in the unity of the Holy Spirit,  
all honour and glory are yours, O loving Father,  
for ever and ever.  
**Amen.**

## **THE LORD'S PRAYER**

*Either version of the Lord's Prayer is said.*

As our Saviour has taught us,  
so we pray:

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins as we  
forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever. Amen.**

**Or** Let us pray with confidence  
as our Saviour has taught us:

**Our Father, who art in heaven,  
hallowed be thy name.  
Thy Kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass  
against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever. Amen.**

## **BREAKING OF THE BREAD**

*The president breaks the consecrated bread:*

Every time we eat this bread and drink this cup.  
**we proclaim the Lord's death until he comes.**

*The Agnus Dei is said or sung here or during the distribution*

**Lamb of God,  
you take away  
the sin of the world,  
have mercy on us.**

**Or Jesus, Lamb of God  
have mercy on us.**

**Lamb of God,  
you take away  
the sin of the world,  
have mercy on us.**

**Jesus, bearer of our sins,  
have mercy on us.**

**Lamb of God,  
you take away  
the sin of the world,  
grant us peace.**

**Jesus, redeemer of the world  
grant us your peace.**

**GIVING OF COMMUNION**

Jesus is the Lamb of God  
who takes away the sin of the world.  
Blessed are those who are called to his supper  
**Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

**Most merciful Lord,  
your love compels us to come in.  
Our hands were unclean,  
our hearts were unprepared;  
we were not fit  
even to eat the crumbs from under your table.  
But you, Lord, are the God of our salvation,  
and share your bread with sinners.  
So cleanse and feed us  
with the precious body and blood of your Son,  
that he may live in us and we in him;  
and that we, with the whole company of Christ,  
may sit and eat in your kingdom.  
Amen.**

*We welcome to communion all who are full members of their own church.*

*If you would like to come up for a blessing, please bring your Order of Service with you.*

*Hymns and anthems may be sung during the distribution.*

## **PRAYER AFTER COMMUNION**

*The President says the post communion prayer*

Almighty God,  
you have given your only Son to be for us  
both a sacrifice for sin  
and also an example of godly life.  
Give us grace that we may always most thankfully receive  
these his inestimable gifts,  
and also daily endeavour  
to follow the blessed steps of his most holy life;  
through Jesus Christ our Lord.  
**Amen.**

**God of our pilgrimage,  
you have fed us with the bread of heaven.  
Refresh and sustain us  
as we go forward on our journey,  
in the name of Jesus Christ our Lord,  
Amen.**

*Stand*

## **HYMN**

*This may be sung here or at the end of the service*

## *The Dismissal*

### **BLESSING**

#### *The President pronounces the Blessing*

May God the Father, who does not despise the broken spirit,  
give you a contrite heart.

**Amen.**

May Christ, who bore our sins in his body on the tree,  
heal you by his wounds.

**Amen.**

May the Holy Spirit, who leads us into all truth,  
speak to you words of pardon and peace.

**Amen.**

And the blessing of God almighty, the Father, the Son and the  
Holy Spirit be among you and remain with you always

**Amen.**

Go in peace to love and serve the Lord.

**In the name of Christ. Amen.**

*The ministers and people depart.*

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CW ORDER ONE – ORDINARY TIME AND HOLY DAYS.